



# FISHERS GREEN SAILING CLUB SAILING INSTRUCTIONS

(Revised October 2008)

## 1) RULES

Racing will be governed by The Racing Rules of Sailing (RRS), the prescriptions of the RYA and the rules of the class(es), except as any of these are changed by these Sailing Instructions or any Special Sailing Instructions (SSI) applicable to a particular event.

## 2) REGISTRATION PROCEDURE

- a) Entry to Open Meetings: Helms shall register by completing an entry form before going afloat for the first time.
- b) Entry to Club Events and Points Series: Helms shall be entered into a club event or points series race by registering the boat and crew on the entry sheets in the Clubhouse. Unregistered helms shall be excluded from race results.

## 3) NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the Clubhouse.

## 4) CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board at least 30 minutes before the race(s) concerned.

## 5) SIGNALS MADE ASHORE

- a) Signals will be displayed in front of the Clubhouse, on the Committee Boat or at a shore based starting position.
- b) Flag AP means the next race is postponed. The warning signal will be made no less than 20 minutes after AP is lowered.

## 6) SCHEDULE OF RACES

- a) Open Meetings: Race start times will be posted on the official notice board or will be given in the Notice of Race.
- b) Club Races: The schedule of club events and points series will be notified each year in the Sailing Programme. Any amendments will be posted on the official notice board.
- c) The scheduled time of the warning signal for the first race each day is 10:55 unless otherwise posted on the official notice board.
- d) For back-to-back races, flag AP will be displayed at the end of the preceding race and lowered with one sound signal one minute before the warning signal. The timing of raising flag AP will not provide grounds for a competitor to seek redress.

## 7) CLASS FLAGS

Cadet (Y), Comet (Comet Pennant), Laser (D), Menagerie (M), RS200 (Pennant 2), Solo (R), Wayfarer (I), Wineglass (W)

## 8) RACING AREA

- a) Racing will take place on Holyfield Lake. A map of the lake showing mark positions is appended to these instructions (Appendix 1).
- b) Boats are not permitted to enter the bird sanctuary (bounded approximately by the chain of islands and white spherical buoys situated in the SW corner of the lake), or sail within 15 metres of the north and east shores of the lake (right hand side as viewed from the Clubhouse facing the lake) when fishermen are present. Both areas are shown on the map.

## 9) THE COURSES

- a) The course and number of rounds will be displayed on the Committee Boat, or at a shore based starting position.
- b) A boat shall leave a mark displayed on a red background to port, and on a green background to starboard.
- c) The letter G on a black background indicates that boats shall sail through the start/finish gate at the end of each round.
- d) The number of rounds will be indicated by a white number displayed on a black background.
- e) A course change before the start will be signalled by flag C and five sound signals. The timing of raising flag C will not provide grounds for a competitor to seek redress.

## 10) MARKS

- a) Course marks 1 through 10 and "F" are blue with white identification characters.
- b) Temporary marks may be of any colour and their locations may change between races.
- c) The inner starting and finishing mark will be a white unnumbered buoy. The outer starting and finishing mark will be an orange unnumbered buoy. A course mark may also be used as an outer mark.

## 11) THE START

- a) Races will be started using Rule 26 (i.e. 5, 4, 1, GO).
- b) The starting line will be between a staff displaying an orange flag or shape on the Committee Boat or the shore based starting position and an outer starting mark.
- c) An inner starting mark may be laid near the committee boat or shore end of the line. A boat starting shall pass between the inner and outer starting line marks.
- d) The warning signal for each succeeding class in a sequence of consecutive starts shall be made with the starting signal of the preceding class.
- e) Boats whose warning signal has not been made shall avoid the starting area.
- f) A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes Rule A4.1.
- g) When less than three boats from a fleet come to the starting area for a points series race, any boats present may sail with the menagerie fleet but their race results shall be recorded separately as though they raced with their particular fleet.

**12) GENERAL RECALLS**

For consecutive class starts Rule 29.2 is modified as follows:

- a) The "1st Substitute" Flag will be lowered 4 minutes after the start signal of each recalled class. The recalled class(es) will be started after the last scheduled start, and the warning signal (Class Flag) will be displayed at the starting signal for the last scheduled start. When more than one class is recalled, the starts will be in the same order as the original sequence.
- b) When the only class recalled is the last in the sequence Rule 29.2 will apply.

**13) THE FINISH**

- a) At the absolute discretion of the Race Officer, the average lap rule may be adopted for any handicap race, where slower, high PN boats may be finished one or more laps early." However, this option is only permissible if a fixed start/finish line is being used.
- b) The finishing line will be between a staff displaying an orange flag or shape and either the rounding side of the nearby mark of the course, or an unnumbered orange finishing mark.
- c) Boats finishing shall pass between any inner limit mark and the outer finishing line mark

**14) PENALTY SYSTEM**

As provided in Rule 67, the protest committee may, without a hearing, disqualify a boat that has broken Rule 42.

**15) TIME LIMITS**

The time limit for any race will be 2 hours. Boats failing to cross the finish line within 30 minutes (elapsed time) of the first boat finishing, or within the time limit, whichever is later, will be scored "Did Not Finish" by the Race Officer on the results sheet. This changes Rule 35.

**16) DECLARATIONS**

A helm of boat that Did Not Start (DNS), Did Not Finish (DNF) or Retired After Finishing (RAF) must sign the declaration sheet in the Clubhouse as soon as they come ashore or, at the latest, within 30 minutes of the last boat finishing.

**17) PROTESTS AND REQUESTS FOR REDRESS**

- a) Protest forms are available at the office in the Clubhouse. Protests shall be delivered there within the protest time limit.
- b) For each class, the protest time limit is 30 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee and protest committee and to requests for redress. This changes Rules 61.3 and 62.2.
- c) Notice will be posted on the official notice board within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Clubhouse.
- d) Notices of protests by the race committee or protest committee will be posted to inform boats under Rule 61.1(b).

**18) SCORING**

The Low Point scoring system of Appendix A will apply. For a series score, Rule A2 is modified as per Table 1 below. If a race is cancelled or abandoned, the number of races scheduled will be reduced accordingly.

**Table 1**

Races Scheduled	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Races to Constitute	1	1	2	2	2	3	3	4	4	4	5	5	5	6	6	6
Races To Count	2	3	3	4	5	5	6	6	7	8	8	9	10	10	11	12

**19) SAFETY REGULATIONS**

- a) Adequate personal buoyancy must be worn at all times when competitors are afloat. Wet or dry suits do not qualify as adequate personal buoyancy. This replaces Rule 40.1.
- b) All helms shall comply with instructions given by, or on behalf of, the Safety Officer (Water). Rule 4, Decision to Race still applies.

**20) EQUIPMENT AND MEASUREMENT CHECKS**

- a) A boat shall comply fully with her Class Rules including any requirements for a measurement certificate and buoyancy endorsement.
- b) A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions.

**21) SUPPORT BOATS**

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

**22) PRIZES**

- a) Open Meetings. Prizes will be notified in the Notice of Race.
- b) Club Events and Series: Prizes will be awarded to helm and crew when the following criteria are met:
  - i) 1<sup>st</sup> Prize: Average number of boats that came to the starting area for each completed race shall be not less than three.
  - ii) 2<sup>nd</sup> Prize: Average number of boats that came to the starting area for each completed race shall be not less than five.
  - iii) 3<sup>rd</sup> Prize: Average number of boats that came to the starting area for each completed race shall be not less than seven.

**23) DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**24) INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event or the equivalent.