



Fishers Green Sailing Club – COVID-19 Secure Policy

Last updated: 17th September 2020 (to allow limited use of the changing rooms).

The purpose of this document is to detail the steps taken to minimise the risk to our members and guests with respect to the COVID-19 virus. **In all cases the current Government Guidelines take precedence over this document.**

A risk assessment has been completed and is available to view in the clubhouse or on request to the Secretary or Commodore.

At the time of writing, the Government Guidance on Social Distancing is still 2m, or 1m with additional mitigation. (Additional mitigation could be a physical barrier, a face covering, or not facing each other directly as well as minimising the time spent within 2m of each other.)

Please be respectful of others at all times and be considerate in your behaviour.

This document covers three main areas of risk

- Access to and behaviour around the site and boat park
- Sailing and on the water activities
- Clubhouse

Always in cases of emergency dial 999 and follow the standard procedure. Ensure that someone is sent to open the locked gates and to help guide the emergency services to the club. An AED and first aid kit is available in the disabled toilet inside the clubhouse. Remember that CPR can be given without mouth to mouth contact.

ACCESS TO AND BEHAVIOUR AROUND THE SITE.

Outer LV gate / Pylon gate. When handling locks use disposable gloves or hand- sanitiser and wash hands with soap and water as soon as possible afterwards. Please make sure the gate is closed and locked behind you. Do not let any non-member vehicles enter.

Electric gate. Use swipe card or key fob to gain access. Please make sure the gate is closed behind you. Do not let any non-member vehicles enter. **Please do not tail-gate other cars in, make sure you swipe in each time you access the site.** (This is so the club knows who has been on site should a COVID incident occur.)

Car Park. Please park sufficiently away from other cars to allow occupants to get in and out without getting within 2 metres of others.

Behaviour in Dinghy Park

Social distancing rules to be observed. If boat next to yours is being rigged or worked on then please wait until the action is complete and the user has moved away sufficiently to enable your own rigging or work to take place safely.

Launch and recovery

No assistance to be given in rigging or launching/retrieving unless the person is a member of the same household. In situations where it becomes necessary to assist for safety reasons, keep at least 1m away from the other person and do not face directly. Wear a face covering if available.

Model Boat area.

Social distancing rules to be observed. It is recommend no more than eight persons to be on the waterfront or controlling boats at any one time. Avoid facing each other and consider wearing face coverings if available. If a model boat needs to be retrieved by rowing boat only one person to crew it.

SAILING AND ON THE WATER ACTIVITIES

In all cases members should only sail if they feel competent and safe to do so in the conditions at the time.

Double-hander sailing dinghies may now be crewed by members of different households, provided that both helm and crew have reviewed the RYA Guidance on Sailing & Racing with Participants from Different Households during COVID-19 in England (published 29th July 2020) and have completed a risk assessment and satisfied themselves that both parties are comfortable with sailing together. Remember that should a COVID incident occur your household, as well as the sailor, will be required to self-isolate.

Club RIBS and work / Committee boats.

Club power boats including the RIBs, Committee boat, Bittern and Phoenix may now be crewed by members from different households under the same conditions as sailing a dinghy referenced above.

Single-handed use of RIBs is still permitted to provide limited rescue cover.

Due to its size, work boat (Phoenix) may carry members of a second household provided social distancing guidelines of 2m or 1m+ are maintained.

72 hours to be left between uses of the craft or if not, craft are to be washed down with disinfectant or soap and water before and after use.

Any club hand-held VHF radio used to be cleaned with disinfectant or soap and water before and after use.

Club start kit to be left 72 hours between uses or if not, cleaned with disinfectant or soap and water before and after use.

Club Sailing Dinghies

Club dinghies are available to hire. Contactless payment preferred.

72 hours to be left between uses of the craft or if not, craft are to be washed down with disinfectant or soap and water before and after use.

CLUBHOUSE

Access to changing facilities is now permitted. However, where possible please continue to arrive ready to sail or change elsewhere. The use of the changing rooms is permitted subject to the following rules to limit the number of people using them at any one time.

- No more than **four** women in the ladies changing room at any one time and only one showering.
- No more than **six** men in the gents at any one time and only two showering (back to back).
- The disabled room and “outside” toilet will also remain available for individual use.
- Both toilet cubicles may be used in each changing room, but only one person at the urinals in the gents and only one person at the sinks at any one time.
- Please maintain 2m distancing wherever possible when using the changing rooms

The outside toilet is available to be used. Please wash hands with soap and water before and after use.

Bar area.

The bar is allowed to be open. Bar area to be cleaned with disinfectant/sanitiser before service. Drinks are to be served by only one person if possible. Contactless payment preferred. **Members must NOT congregate at the bar.** Outside tables to be used whenever possible. If seated inside, please keep to small, consistent groups. Maintain Social Distancing guidelines.

Galley area.

The Galley continues to be closed for the present time. (This is because of the high number of “touch points” that could lead to spread of any virus contamination to multiple people.)

There should be no expectation that the club will be providing food or drink, members should continue to bring their own refreshments if possible.

Grounds Maintenance

When using shared equipment, eg lawnmowers, gardening tools etc, please use gloves and wash hands after use.

General

Hand sanitiser is available beside the outside toilet at the rear of the clubhouse and beside the security door at the side of the clubhouse facing the workshop/boathouse.