



## EVENT SAILING INSTRUCTIONS for CADET OPEN MEETING

to be held at  
**FISHERS GREEN SAILING CLUB**  
on Saturday 16<sup>th</sup> May 2026  
and Sunday 17<sup>th</sup> May 2026

### 1 Rules

The regatta will be governed by the current World Sailing Racing Rules of Sailing (RRS), the prescriptions of the RYA, the rules of the relevant Class Association and any specific Fishers Green Sailing Instructions, except as any of these are changed by these sailing instructions.

### 2 Entries

Entries must be received online by 20:00hrs on 6<sup>th</sup> May 2026.  
can be made online at the following link:

<https://my.fishersgreensc.org.uk/Events/Calendar/View?id=546>

### 3 Notices to Competitors

Notices to competitors will be posted on the official notice board located in the main clubhouse.

### 4 Changes to Sailing Instructions

Any change to the sailing instructions will be posted at least half-an-hour before the start of the race it will affect.

### 5 Signals Made Ashore

5.1 Signals made ashore will be displayed on the main flagpole by the clubhouse or on the moored committee boat.

5.2 Flag AP with two sound signals means "The race is postponed. The warning signal will be made not less than 10 minutes after AP is lowered."

### 6 Schedule of Races

Briefing	10:30hrs.	
Race 1	Warning signal	No earlier than 11:00hrs on Saturday
Race 2	Will follow Race 1	
Race 3	Will follow Race 2	
Race 4	Will follow Race 3	
Race 5	Will follow Race 4	
Race 6	Will follow Race 5	

Last race will not start after 15:30hrs on Sunday

## 7 Class Flag

The class flag will be International Code Flag “Y” (Red and yellow diagonal stripes).

## 8 Racing Area

All racing will take place on Holyfield Lake at the Fishers Green Sailing Club

## 9 The Course

The course will be displayed on a board at the side of the Committee Boat as soon as the boat is on station. The marks to be rounded will be shown in **green** when they are to be left to starboard and in **red** when they are to be left to port. A **white “G” on a black square** indicates that boats must pass between the Committee Boat, or inner distance mark if used, and the outer distance mark at the end of each lap.

### 9.1 Number of Rounds

The number of rounds will be described on the same board as the course, using **white numbers on a black square**.

### 9.2 Change of Course

A change of course before the start will be announced by five sound signals and International Code Flag “C” will be flown. Competitors are responsible for acquainting themselves with the new course.

## 10 Description of Course Marks

There are twelve fixed marks, numbered **0** to **12**, round in shape and coloured Blue. Numbers **1** to **12** are located around the lake, and are numbered in an anti-clockwise direction, starting nearest the clubhouse. The “**X**”, “**Y**” and “**Z**” marks are moveable cans that can be used anywhere at the Race Officer’s discretion. The “**F**” Mark indicates a Fishing Area that all boats should keep clear of.

Details of the course will be given at competitors’ briefing.

## **11 The Start**

- 11.1 Races will be started using Rule 26.
- 11.2 The starting line will be between a staff bearing an orange flag on the Committee Boat and the outer distance mark which is an orange pillar buoy also bearing an orange flag.
- 11.3 In addition, there may be an inner distance mark for the start line. This mark will be an orange pillar buoy bearing an orange flag. Boats must not pass between this mark and the Committee Boat.
- 11.4 A boat shall not start later than 5 minutes after her starting signal.

## **12 The Finish**

The finishing line will be between a staff bearing an orange flag on the Committee Boat and the outer distance mark or an adjacent mark of the course.

## **13 Time Limit**

The time limit of each race will be 45 minutes. Boats failing to finish within 10 minutes after the first boat finishes, or within the time limit, whichever is later, will be scored "Did Not Finish". This changes Rule 35.

## **14 Protests**

- 14.1 A boat intending to protest shall notify the committee vessel (near the finish line) immediately upon finishing the race or retiring.
- 14.2 Protests shall be written on forms available at the race office, and shall be delivered there within 30 minutes after the time of the last boat's finish.
- 14.3 Protest notices will be posted within 30 minutes of the protest time limit, to inform competitors where and when there is a hearing.

## **15 Declarations**

- 15.1 Signing on.

All boats entered and paying the required entry fee will be deemed to have signed on.

- 15.2 Signing Off

Signing off is not necessary, except that a signing-off sheet will be available in the main clubhouse for boats wishing to retire.

## 16 Scoring

The series will be scored as provided in Appendix A of the RRS using the Low Point System. One race is required to be completed to constitute a series for the event. When fewer than four races have been completed, a boat's series score will be the total of her individual race scores. When four to six races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## 17 Prizes will include

1<sup>st</sup> in Gold Fleet

1<sup>st</sup> in Silver Fleet

1<sup>st</sup> in Regatta Fleet

1<sup>st</sup> FGSC Squad Boat

**Cadet Cobweb Trophy** – to the overall winning Cadet boat

**Eric Ingall Trophy** – to the highest placed FGSC boat of which both helm and crew are members of FGSC.

**Endeavour Prize** – to the youth that best embodies the spirit of the Cadet Fleet (at the organiser's discretion)

**Spot Prizes**